



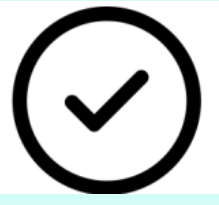


St Joseph the Worker RC Primary School

Tips for Home Learning

<u>Routine</u>	<u>Support</u>	<u>Organisation</u>	<u>Downtime</u>	<u>Acceptance</u>
<p>Children and young people love structure.</p>  <p>School provides a structure to provide reassurance and reduce uncertainty.</p> <p>During this period of remote learning, we encourage you to try and follow the routine of a school day where you can. Stick up get up times and try to keep bedtimes as normal so to help have a structure to the day.</p> <p>A suggested timetable was sent out to families and it may work for you. We encourage parents to set quality time aside for home learning.</p>	<p>We will always try to support our families the best we can</p>  <p>No amount of resources will replace the school day and the learning and enjoyment that takes place in a school environment.</p> <p>We encourage you to complete all the activities set on seesaw or tapestry each day.</p> <p>If further support is needed, please contact school via email or phone.</p>	<p>The better prepared you are for the day, the easier it will be!</p>  <p>Please ensure that you can access your work and have the necessary resources available to complete it. Make sure you have pens, paper and any other equipment you need. Once work is completed, remember to upload it to either to SeeSaw or Tapestry (EYFS), as directed by the class teacher</p>	<p>Children and adults both need a break!</p>  <p>Remote learning can be tough for both parents and children. Build in breaks and downtime during the day. Some children will already feel anxious from listening to the news and having routines disturbed. Mental well-being is crucial, and relaxation is part of how children can process what is going on. Talk to your children about their learning, their worries, their interests, their questions.</p>	<p>Do your best</p>  <p>Remember that children aren't the only ones working. Many parents are being asked to teach their child, while working themselves. We understand this is difficult, so just do your best as you always do. Take care of yourself and your family. The St Joseph's family is in this together.</p>