



St Joseph the Worker
PSHE/RSE Long Term Plan

All year groups take part in Safer Internet Day, World Kindness Day and Anti Bullying week.						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Health and wellbeing Keeping well and clean	Relationships Friendship. What friends are.	Health and wellbeing Day and night time routines – sleep.	Relationships Safe and unsafe. Who keeps me safe?	Living in the wider world. Taking care of our EYFS garden – plants flowers minibeasts	Living in the wider world People who help us in school and the community
Reception	Health and wellbeing Myself – I am unique	Relationships What makes a good friend?	Living in the wider world Our community in school and church.	Relationships Good and bad choices	Health and wellbeing Healthy eating	Health and wellbeing Exploring feelings – transition into Y1
EYFS RSE					<p style="text-align: center;">Wonder at God’s love. Children begin to know and understand that they are part of the wonder of God’s love and creation.</p> <p style="text-align: center;">God loves each of us in our uniqueness. Children know and understand that God has made them unique and that although we are different we are all special to him.</p>	



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Year 1	Health and wellbeing Keeping well and clean	Relationships My friendships Health and Wellbeing Awareness of feelings	Relationships All about me	Living in the wider world The environment	Health and wellbeing Keeping safe	Living in the wider world Being different
Year 1 RSE					We meet God's love in our family. Children know and understand that they are growing and developing as members of their own family and God's family.	
Year 2	Health and wellbeing Healthy people	Relationships Making and breaking friendships	Living in the wider world Money shopping and saving	Living in the wider world Special days	Health and wellbeing Keeping safe	Relationships All about my feelings -transition into KS2.
Year 2 RSE					We meet God's love in the community. Children know and understand that they are growing and developing in God-given community.	
Year 3	Relationships Peer influence and pressure.	Health and wellbeing Emotions and feelings	Health and wellbeing Drug education. Smoking and basic first aid.	Living in the wider world Where do things come from?	Relationships Different families	Living in the wider world Me and my community



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Year 3 RSE					<p style="text-align: center;">How we live in love.</p> <p>Children know and understand the virtues essential to friendship e.g. loyalty and responsibility and experience the importance both of forgiving and being forgiven and of celebrating God's forgiveness.</p>	
Year 4	Relationships Friendships/inclusion	Health and Wellbeing Drug education – alcohol and decision making.	Living in the wider world Managing money	Living in the wider world Local community shared responsibilities	Health and Wellbeing Healthy lifestyles	Living in the wider world Aspirations
Year 4 RSE					<p style="text-align: center;">God loves us in our differences.</p> <p>Children know and understand that they are all different and celebrate these differences as they appreciate that God's love accepts us as we are and as we change.</p>	
Year 5	Health and wellbeing Healthy lifestyles	Relationships Friendships and coping with bullying	Relationships Being left out	Living in the wider world Money	Health and Wellbeing Drug education – legal and illegal substances.	Living in the wider world Working together and aspirations.



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Year 5 RSE					<p style="text-align: center;">God loves us in our changing and developing.</p> <p>Children know and become aware of the physical and emotional changes that accompany puberty – sensitivity, mood swings, anger, boredom etc. and grow further in their understanding of God’s presence in their daily lives.</p>	
Year 6	Health and wellbeing Mental health and online safety.	Relationships Conflict resolution	Living in the wider world Democracy and decisions	Living in the wider world Money and me.	Living in the wider world Aspirations work and career.	Health and wellbeing Moving on – transition to high school
Year 6 RSE					<p style="text-align: center;">The wonder of God’s love in creating new life.</p> <p>Children develop in an appropriate way for their age, an understanding of sexuality and grow further in their appreciation of their dignity and worth as children of God.</p>	