

# Emotional Health Directory of Services for Children and Young People

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## **What to do in an emergency**

In emergency situations the young person must attend the nearest 24 hour A&E unit or call **999**

Following admittance into A&E:

- A mental health professional will assess the young person following a medical assessment by A&E staff
- Depending on the age of the young person, this may be a professional from CAMHS (Child & Adolescent Mental Health Service) or Adult Mental Health Team
- If the young person needs ongoing mental health input, a referral to the appropriate team will be made by the assessing professional

## **Worried about a child**

If you are worried about the welfare or safety of a child it is very important that you contact us.

Salford City Council and partners have a multi-agency hub called the Bridge Partnership that screens all contacts concerning the welfare or safety of a child to children's services.

The Bridge Partnership can be contacted by telephone on **0161 603 4500**, alternatively you can complete an [online referral form](#)

# Introduction

## **Emotional Health in Salford**

Emotional health and wellbeing (EHWB) is everyone's business. Emotional health and wellbeing can be supported through good parenting, quality experiences in school and through leisure and social engagement. EHWB needs arise for most children and young people at some points in their lives and this is 'normal' and access to information and advice or support from family/friends usually helps. However, some children and young people may experience needs and difficulties that are severe and chronic and they will need more targeted or specialist advice and support.

We recognise that many people, including professionals and volunteers who are working with children and young people, and friends and family members or carers are best placed to recognise the signs of declining mental health and wellbeing. This Directory is designed to help you access useful information about different types of resources that are available to support children and young people's emotional health and wellbeing and to provide guidance with making a referral into appropriate services when targeted/specialist help is needed.

# Universal Services

Children and young people may experience anxiety or difficulties in response to life events or changes in circumstances which are generally temporary episodes between otherwise good emotional health and wellbeing. Many of these children can find appropriate support and advice through existing networks (e.g. family and friends) or via services that are open to all children and young people ('universal services') like health services and schools/college.



# Targeted Services

There is a range of services that are 'non-medical' and are often community based, that identify and support children with emotional / mental health difficulties with the aim of intervening earlier to prevent escalation of need and risk. Some of these services may target specific groups of children and young people. Many offer a range of skills and therapies to engage and support children and young people.

Pregnancy & Birth	0-5 Years	Primary Years	Secondary Years	Transition to Adulthood
	<u>Achieve</u>			
			<u>42<sup>nd</sup> Street</u>	
<u>Health Visiting</u>			<u>Connexions</u>	
	<u>Early Intervention &amp; Prevention (EIP)</u>			
	<u>Educational Psychologists</u>			
<u>Family Nurse Partnership</u>		<u>EMTAS</u>		<u>Mind</u>
<u>IYSS</u>			<u>Integrated Youth Support Service (IYSS)</u>	
	<u>Portage Service</u>	<u>Place2Be</u>	<u>Princes Trust</u>	
			<u>Talk Listen Change</u>	
	<u>Salford Information, Advice &amp; Support Service (SIASS)</u>			
	<u>Salford Therapeutic Advisory &amp; Referral Service for LAC (STARLAC)</u>			
	<u>Salford Adoptive Families Support Service (SAFSS)</u>		<u>Start in Salford</u>	
		<u>School Nursing</u>		<u>Self Help Services</u>
	<u>Speech &amp; Language Therapy (SALT)</u>			
	<u>Primary Inclusion Team</u>		<u>Secondary Inclusion</u>	<u>Six Degrees</u>
	<u>The Gaddum Centre</u>			
		<u>Young Carers Service</u>		
			<u>Young Fathers Project</u>	

# Specialist Services

There may be occasions where some children and young people need support from specialist mental health services where there are significant concerns related to their mental / emotional health or psychological wellbeing, or the concerns are of a high risk / urgent nature.

Pregnancy & Birth	0-5 Years	Primary Years	Secondary Years	Transition to Adulthood
		<a href="#">3D Treatment Fostering</a>		<a href="#">Salford Foyer</a>
		<a href="#">Adolescent Consultation &amp; Treatment Service</a>		
		<a href="#">Child &amp; Adolescent Mental Health Service (CAMHS)</a>		
		<a href="#">CAMHS Single Point of Access</a>		
		<a href="#">CAMHS - Learning Difficulties</a>		
		<a href="#">Community Paediatrics</a>		<a href="#">Chapman Barker Unit</a>
			<a href="#">Community Mental Health Team</a>	
			<a href="#">CAMHS - Emerge</a>	<a href="#">Recovery Team</a>
		<a href="#">Critical Incident Team</a>		
			<a href="#">Early Detection &amp; Intervention Team (EDIT)</a>	
		<a href="#">Eating Disorder Service</a>		
		<a href="#">FCAMHS NW</a>		
		<a href="#">Galaxy House</a>		
			<a href="#">Gardener Unit</a>	
			<a href="#">Junction 17</a>	
		<a href="#">Panda Unit</a>		<a href="#">MIND</a>
		<a href="#">Speech &amp; Language Therapy (SALT)</a>		<a href="#">Recovery Academy</a>
			<a href="#">Salford Early Intervention Team (EIT)</a>	
		<a href="#">Vulnerable Young Person Nursing Service</a>		
			<a href="#">YOS - Health</a>	

# 3D Treatment Fostering

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3D Treatment Fostering aims to bring about positive changes in key areas of a young person's life through an individually tailored programme of intervention. It involves a designated multi-disciplinary clinical team with professionals from education, child mental health and Children's Services working together to provide a wrap-around service to address the young person's difficulties.

The young people live with specialist trained foster carers for approximately 9 to 18 months and are provided with support in school. They have weekly sessions with a skills trainer, educational officer and an individual therapist who use social learning and cognitive approaches to improve problem behaviours at home, school and the community. In addition a birth family therapist works with the young person's birth family even when the young person may not be returning home. We believe that it is desirable and therapeutic to help young people build a constructive relationship with family members.

Outcomes for the young person may be to move onto a stable long term fostering placement or a rehabilitation home to birth family.

<b>Age range</b>	10-16 years
<b>Referral route</b>	<b>Professional referral only</b> – via Salford City Council Social Workers
<b>Address</b>	Salford Civic Centre, Chorley Road, Swinton, M27 5DA
<b>Email</b>	<a href="mailto:Amanda.mcleod@salford.gov.uk"><u>Amanda.mcleod@salford.gov.uk</u></a>

# 42<sup>nd</sup> Street

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42<sup>nd</sup> Street provides support for young people experiencing difficulties with their mental health and wellbeing. Our diverse services include individual therapeutic support, advocacy, projects and activities, and a creative programme via The Horsfall, our new arts space.

Some of the problems we can support:

- Feeling worried, stressed and panicky
- Depression and feeling low
- Self-harm
- Anxiety
- Phobias
- Struggling to be around others or socialise
- Worrying about feeling driven to do certain
- Problems in relationships
- Issues around food and eating and how you feel about your body
- Feeling lonely
- Bullying

<b>Support available</b>	Advice, Counselling / Therapy; Drop-in session; Information; Groups and Projects; Arts-based activities
<b>Age range</b>	11-25 years
<b>Referral route</b>	Self-referral / professional referral
<b>Address</b>	The Space 87-91 Great Ancoats Street, Manchester, M4 5AG
<b>Telephone</b>	0161 228 1888
<b>Email</b>	<a href="mailto:theteam@42ndstreet.org.uk">theteam@42ndstreet.org.uk</a>
<b>Website</b>	<a href="http://www.42ndstreet.org.uk">www.42ndstreet.org.uk</a>

# Achieve

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Achieve has a dedicated team who work closely with young people up to the age of 25 offering support, information, harm reduction interventions and specialist substance misuse treatment. The team are co-located with the Integrated Youth Support Services, The Young Father Service and the Youth Offending Service.

Achieve provides the Early Break Holding Families programme which offers structured interventions to children, parents and families with problems associated with parental substance misuse.

The Achieve Young People team work in partnership with other services such as local schools, Youth Offending Service, CAMHS etc. in supporting young people who are using substances. The team use a variety of interventions to reduce the harm caused by substance misuse on the emotional, physical health and wellbeing of young people. These interventions can range from education and 1:1 confidential support to Blood Borne Virus vaccinations and prescribed treatment, depending on need.

<b>Support available</b>	Advice and information on substance use and reducing substance misuse related harm and on your alcohol and drug intake; Group support; Access to inpatient and home detoxification
<b>Age range</b>	Up to 25 years
<b>Referral route</b>	Self-referral / professional referral
<b>Address</b>	Beacon Centre, 1 London Street, Salford, M6 6QT
<b>Telephone</b>	0161 358 1858
<b>Email</b>	Young People's Team: <a href="mailto:achieveyyps@gmmh.nhs.uk">achieveyyps@gmmh.nhs.uk</a> Holding Family Team: <a href="mailto:achievehf@gmmh.nhs.uk">achievehf@gmmh.nhs.uk</a>
<b>Website</b>	<a href="http://www.gmmh.nhs.uk/achieveyoungpeople">www.gmmh.nhs.uk/achieveyoungpeople</a>

# Adolescent Consultation & Treatment Service

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A regional out-patient community multi-disciplinary team for young people who present with significant mental health problems displayed by high risk, offending behaviours and who have become, or are likely to become involved in criminal proceedings.

**Assessment:** In the FACTS team, there is a range of skills and expertise, so are able to offer multi-disciplinary holistic assessments of young people by child and adolescent psychiatrists, YOT workers, social workers and forensic clinical psychologists. The outpatient assessment package offered by FACTS will lead to recommendations to meet the needs and manage the risks. FACTS offer assessment of specific forensic behaviours including fire-setting, sexual offending, serious violence (including homicide), pre-occupation with weapons and explosives.

**Treatment:** The FACTS take on a limited number of out-patients for treatment.

**Provision of Second Opinions, Training and Consultation:** can be provided for other agencies involved in the care of young people with high-risk behaviours or mental health problems. Also involved in offering training to local YOTs and CAMHS and works on a consultancy basis with CAMHS workers.

**Support available**      FACTS are able to do home visits to engage clients, offer appointments outside the clinic, and work closely with family and carers.

**Age range**                      10-18 years

**Referral route**                **Professional referral only**

**Address**                         Bury New Road, Prestwich, M25 3BL

**Telephone**                      0161 772 3601 / 3600

# Child & Adolescent Mental Health Services (CAMHS)

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CAMHS provides support for children and young people aged 0 – 18 years (including those with disabilities), where there are concerns related to their mental/emotional health and wellbeing. The difficulties must be having a negative impact on the young person's day to day life and/or family functioning that is beyond the remit and expertise of Primary Care Services. This service has been rated Outstanding in the latest CQC inspection 2016.

Some of the issues we can support:

- Depression or mood disorder
- Deliberate self-harm / suicidal thoughts
- Anxiety
- Obsessive compulsive presentations
- Psychosis
- Autistic Spectrum Disorders (ASD)
- Challenging behaviour
- Attention Deficit Hyperactivity Disorder (ADHD)
- Eating disorders
- Complex Behavioural and Relationship Difficulties

**Support available** Cognitive Behavioural Therapy; Dialectical Behaviour Therapy skills and groups; Eye Movement Desensitization and Reprocessing; Family Therapy; Parenting Interventions for Attention-Deficit / Hyperactivity Disorder (ADHD) and specialist parenting advice for other conditions; Psychotherapy.

**Age range** 0-18 years

**Referral route** **Professional referral only**

**Address** Salford CAMHS, 1 Broadwalk, Pendleton Gateway, Salford, M6 5FX

**Telephone** 0161 622 9848

**Email** [cmm-tr.Salford-CAMHS@nhs.net](mailto:cmm-tr.Salford-CAMHS@nhs.net)

**Website** [www.cmft.nhs.uk](http://www.cmft.nhs.uk)

# CAMHS - Learning Difficulties

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The Specialist CAMHS LD team is provided by CMFT from Salford CAMHS at the Pendleton Gateway Centre. The service ensures that the mental health needs of children and young people with Learning Disabilities are identified, assessed and treated.

The service works closely with professionals from other agencies to support children, young people and their families. The service works particularly closely with professionals and services provided by Salford Royal Foundation Trust.

CAMHS has been rated Outstanding in the latest CQC inspection 2016.

<b>Support available</b>	Advice, consultation for professionals, information, signposting, support, training.
<b>Age range</b>	0-18 years
<b>Referral route</b>	<b>Referral by a Paediatrician or GP or Health Professional</b>
<b>Address</b>	1 Broadwalk, Pendleton Gateway, Salford, M6 5FX
<b>Telephone</b>	Tel: 0161 211 7260
<b>Email</b>	<a href="mailto:cmm-tr.Salford-CAMHS@nhs.net"><u>cmm-tr.Salford-CAMHS@nhs.net</u></a>
<b>Website</b>	<a href="http://www.cmft.nhs.uk"><u>www.cmft.nhs.uk</u></a>

# CAMHS - Emerge

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This innovative young person's mental health service is targeted at 16 and 17 year olds in order to provide a flexible and responsive service. It is based in the community offering mental health services in a range of settings.

Emerge is a stand-alone CAMHS service which focuses on the specific needs of 16 - 17 year olds with moderate to severe mental health problems. The team will accept routine and urgent referrals. All accepted urgent referrals will be prioritised and assessed within two working days. This service has been rated Outstanding in the latest CQC inspection 2016.

The service can support young people with moderate to severe mental health problems, such as:

- Anxiety
- Fears and phobias
- Obsessive compulsive presentations
- Depression / low mood
- Self-harm
- Autistic Spectrum Disorders (ASD)
- Issues related to unresolved trauma
- Attention Deficit Hyperactivity Disorder (ADHD)
- Eating disorders
- Dual (drug & mental health) problems

**Support available**      Counselling / Therapy; Assessment & treatment; crisis planning / management

**Age range**                16-17 years

**Referral route**            Self-referral / professional referral: referrals can be made by young people, parents/carers, professionals, anyone who is concerned about a young person's mental health

**Address**                    Millennium Power House, Moss Side, Manchester

**Telephone**                0161 226 7457

# CAMHS – Single Point of Contact

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Due to the huge demands for CAMHS, and long wait list the CAMHS Single Point of Access can provide information, advice and consultation.

Elaine Audini is the CAMHS Community Link Worker and is based both within the Social Care Team at the Bridge and Salford CAMHS providing support and information to professionals including GPs.

At CAMHS Elaine attends the weekly referral meeting and can offer phone triage to parents to assess whether CAMHS is the most appropriate service, and will then either refer the family into CAMHS; request further information from school and / or health; signpost on to a more appropriate service and provide self help materials.

<b>Support available</b>	Advice, consultation for professionals, information, signposting, support, training.
<b>Age range</b>	0-18 years
<b>Referral route</b>	<b>Professional referral only</b>
<b>Telephone</b>	Elaine Audini - 07989 309269
<b>Email</b>	<a href="mailto:cmm-tr.salford-camhs@nhs.net">cmm-tr.salford-camhs@nhs.net</a>

# Chapman Barker Unit

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The Chapman Barker Unit is a 26 bed regional detoxification inpatient unit that offers a truly unique, medically managed and recovery-focused treatment for men and women with substance misuse problems.

We believe that each person with a drug and/or alcohol problem is unique and as such should be offered treatment programmes that are individually designed to meet their needs.

The unit has two admission pathways, pathway one is planned admissions for service users with complex substance misuse problems and co-existing physical and mental health concerns, and the second pathway is RADAR. At Greater Manchester West we are home to the UK first RADAR referral pathway (Rapid Access Detoxification Alcohol hospital) this pathway is a bespoke 5-7 day rapid alcohol detoxification programme.

<b>Support available</b>	Detoxification inpatient unit that offers a truly unique, medically managed and recovery-focused treatment for men and women with substance misuse problems.
<b>Age range</b>	18+
<b>Referral route</b>	<b>Professional referral only</b> - Planned Admissions: accept referrals from community based drug & alcohol services.
<b>Address</b>	Chapman Barker Unit, Bury New Road, Prestwich, M25 3BL
<b>Telephone</b>	0161 772 3558
<b>Website</b>	<a href="http://www.gmw.nhs.uk/chapman-barker-unit"><u>www.gmw.nhs.uk/chapman-barker-unit</u></a>

# Community Engagement & Recovery Team

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The Community Engagement Recovery Team (CERT) helps to enhance and maintain, service users' role in society, including supporting them into continued employment.

Our aim is to improve the quality of mental health and wellbeing of our service users.

We proactively support those who are seeking employment, we encourage service users to develop social contacts and promote independence, which can be a factor in preventing both physical and mental health difficulties. The ethos of CERT (a non-clinical team in a clinical organisation), is to think outside traditional roles within the caring profession and have a 'can do' attitude.

**Support available** We help our service users in the following ways:

- Retaining their current employment and have successfully returned into work after a period of sickness.
- Successfully winning disability tribunal appeal hearings for service users
- Support welfare benefit claims (new and renewals)
- Support service users to gain paid employment.
- Work placements and volunteering roles

**Age range** 18+

**Referral route** Self-referral

**Address** Broadwalk Centre, 51 Belvedere Road, Salford, M6 5EJ

**Telephone** 0161 607 8280

# Children's Centres

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Salford Children's Centres offer universal and targeted support to children and their families. We can support families to access parenting courses, access play sessions, infant feeding support, baby groups and adult education courses.

**Support available**

Services and activities will enrich and develop:

- Speech and language
- Play
- Social and emotional development
- Parenting skills
- Attachment
- Home safety scheme
- Support with Isolation/new to the area
- Infant feeding support
- Behaviour management support
- Early identification of develop delay
- Early identification of attachment or bonding concerns

Providing support for families and children. Holistic services to all families and in particular those who are in most need available.

Children's Centres enable families to access support from midwives, health visitors, early year's practitioners and family support.

**Age range**

0-18 years

**Referral route**

Self-referral / Professional referral via [the Bridge](#)

**Address**

North: Swinton Gateway, 100 Chorley Rd, Swinton

East: Broughton Hub, 50 Rigby St, Higher Broughton

South: Brindley St, Winton, Eccles

West: Longshaw Dr, Little Hulton

Central: Langworthy Cornerstone, 451 Liverpool St, Salford

**Telephone**

North: 0161 778 0750

East: 0161 778 0080

South: 0161 686 5290

West: 0161 604 7660

Central: 0161 212 4480

**Website**

[www.salford.gov.uk/find-a-childrens-centre](http://www.salford.gov.uk/find-a-childrens-centre)

# Community Mental Health Teams

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There are 3 Community Mental Health Teams (CMHT) serving Salford, the service is an integrated specialist team offering a range of therapeutic interventions and treatments for adults over the age of 16 with severe and enduring mental health issues.

The team consists of mental health practitioners from various professional backgrounds including community psychiatric nurses, social workers, psychologists, occupational therapists, psychiatrists, administration staff and community care workers.

The team aim to work collaboratively with service users, carers and other agencies to promote recovery and social inclusion.

<b>Support available</b>	We provide needs-led support that is time-limited and responsive to changes in service users' and carers' circumstances.
<b>Age range</b>	16+
<b>Referral route</b>	Self-referral
<b>Address</b>	Prescott House, Prescott St, Little Hulton, M28 0ZA Cromwell House, Cromwell Rd, Eccles, M30 0GT Ramsgate House, Ramsgate St, Higher Broughton, M7 2YL
<b>Telephone</b>	Cromwell House: 0161 787 6000 Ramsgate House: 0161 358 0732 Prescott House: 0161 702 9368
<b>Website</b>	<a href="http://www.gmw.nhs.uk/salford">www.gmw.nhs.uk/salford</a>

# Community Paediatrics

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The community paediatric team in Salford have special expertise in child development and disability and are part of the national networks in managing these areas. Our holistic approach for all clinics allows multiple issues to be dealt with at a single appointment.

Statutory duties are fulfilled with specific services for vulnerable children, including looked after children and those going through the adoption process; and medical assessment and advice for children undergoing statutory assessment of special educational needs.

### **Services delivered by the community paediatric consultant team include:**

- General paediatric services
- Developmental paediatrics and disability medicine
- Educational medicine
- Vulnerable Children
- Public health

**Support available** Community based advice, advocacy, consultation for professionals, family support, information and support.

**Age range** 0-18 years

**Referral route** **Referral by health, education and social care professionals**

**Address** Paediatric team, Sandringham House, Windsor St, Salford, M5 4DG

**Telephone** 0161 206 0276

**Email** [Paeds.referrals@srft.nhs.uk](mailto:Paeds.referrals@srft.nhs.uk)

**Website** [www.srft.nhs.uk](http://www.srft.nhs.uk)

# Connexions

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Salford Connexions work with young people aged 13-24 (and up to 25 for those with learning difficulties and disabilities).

We work with young people who are not in education, employment or training to help them move into new opportunities.

Our service includes:

- Careers advice
- Advice and support to apply for apprenticeships
- Job-searching
- CVs, job applications and interview preparation
- Information and advice on local, training opportunities (paid and unpaid)
- Help with housing, benefits, pregnancy, drug and alcohol issues and mental health difficulties
- Drop-in service

**Support available** Information, advice, guidance, support

**Age range** 13-24 years (up to 25 for those with learning difficulties and disabilities)

**Referral route** Self-referral

**Address** Salford Connexions Centre, 77 Pendleton Way, Salford Precinct, Salford, M6 5FW  
Walkden Connexions, Bolton Road, outside Ellesmere Centre, Walkden, M28 3ZH

The service also operates from a range of venues across the city, please visit the Connexions website for more information.

**Telephone** 0800 0126 606

**Email** [adviser@careerconnect.org.uk](mailto:adviser@careerconnect.org.uk)

**Website** [www.careerconnect.org.uk/Salford-Connexions](http://www.careerconnect.org.uk/Salford-Connexions)

# Critical Incident Team

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The Educational Psychology Service work in schools, early years settings and colleges to offer support in the event of a Critical Incident.

A critical incident is an event that impacts on the school community, e.g. the sudden death of a pupil or teacher. They work to enhance the school's own support and coping strategies, following a critical incident. To help the school to understand and manage the range of responses to the incident.

In the event of a Critical Incident the EPS Critical Incident Team will offer schools;

- Phone advice / guidance.
- School visit, within 24 hours of the request to support in school response to the incident. This visit will usually be made by 2 educational psychologists. They can provide guidance on immediate, medium-term and long-term action relating to the specific incident. The aim will be to support school leadership to support their children, staff and parents.

Further work may also be agreed, e.g.:

- A briefing to all school staff.
- Small group work with the school staff most affected.
- A drop-in session for parents.
- Follow-up visits / phone calls to the headteacher.

**Support available** Advice, support, training, consultation for professionals

**Age range** Up to age 25

**Referral route** **Professional referral only** - Service can be accessed via the school SENCo.

**Address** Burrows House, 10 Priestly Road, Wardley Industrial Estate, Worsley, M28 2LY

**Telephone** 0161 7780476

**Email** [EPS@Salford.gov.uk](mailto:EPS@Salford.gov.uk)

# Early Detection & Intervention Team

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EDIT is an award winning service aimed at detecting and providing cognitive therapy for people at high risk of developing mental health problems (e.g. psychosis). We aim to reduce distress, confusion, and the development of more serious mental health difficulties and help to get people's lives back on track.

Early Detection and Intervention Team (EDIT) is a specialist psychological therapy service that works with young people aged 14 – 35 years.

Some of the issues we can support:

- Hearing or seeing things that others cannot
- Feeling paranoid or suspicious of people or certain situations
- Unusually high or low moods
- Sleeping too much or too little
- Having difficulty concentrating and being easily distracted

### **Support available**

- Full care-coordination
- Evidence based group and individual psychological interventions (including CBT and Family Interventions)
- Support with medication management
- Support with accessing employment, education and vocational activities
- Support for families and carers

### **Age range**

14-35 years

### **Referral route**

Self-referral – service can also be accessed by GP's, Mental Health Services, Voluntary Sector, Youth Services (Connexions, YOT)

### **Address**

Salford EDIT, Broadwalk Centre, 51 Belvedere Road, Salford, M6 5EJ

### **Telephone**

0161 607 8270

### **Website**

[www.gmw.nhs.uk/edit](http://www.gmw.nhs.uk/edit)

# Eating Disorder Service

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Manchester and Salford Eating Disorder (MSEDS) service provide community support to children and young people up to the age of 18 with a suspected or diagnosed eating disorder including early intervention.

The team is made up of a Psychiatrist, Eating Disorder Therapists, Dieticians and family therapy.

We are a Monday to Friday service, from 9.00am to 5.00pm, with MSEDS admin support available from 8.30am to 5.00pm.

<b>Support available</b>	Assessment and intervention to reduce eating difficulties. Family therapy and individual work to support the whole family. Dietetic advice and meal planning.
<b>Age range</b>	Up to age 18
<b>Referral route</b>	Self-referral or via CAMHS service
<b>Address</b>	We are based within community CAMHS teams across both Manchester and Salford.  The hub of this service is based within The Harrington Building, Royal Manchester Children's Hospital, Hathersage Road, Manchester, M13 9WL
<b>Telephone</b>	0161 701 0447
<b>Email</b>	<a href="mailto:MSEDS@cmft.nhs.uk">MSEDS@cmft.nhs.uk</a>
<b>Website</b>	<a href="http://www.cmft.nhs.uk/MSEDS">www.cmft.nhs.uk/MSEDS</a>

# Early Intervention & Prevention (EIP)

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Early intervention tackles the causes of poor outcomes for children and their families, shifting the focus from dealing with the consequences of difficulties to preventing things from going wrong in the first place.

There are four locality teams within Salford. Each locality team is made up of staff from different professional backgrounds including family support workers, brief intervention officers, housing advisors and skills and work specialists.

We can provide:

- Parenting advice
- Home safety
- Welfare rights concerns
- Debt issues
- Support and signposting for more complex issues such as domestic abuse and substance misuse
- Preventing family breakdown
- Reducing the risk of permanent exclusions from school

**Support available** The EIP service offers a range of evidence based interventions and service, such as family support, brief intervention, evidence based parenting programmes

**Age range** All ages

**Referral route** Self-referral

**Contact details** Central: Broughton Hub, 50 Rigby St, Salford  
0161 778 0601 / [Central.locality@salford.gov.uk](mailto:Central.locality@salford.gov.uk)

North: Burrows House, 1st Flr, 10 Priestley Rd, Worsley  
0161 778 0495 / [North.locality@salford.gov.uk](mailto:North.locality@salford.gov.uk)

South: 1a Garden St, Eccles  
0161 686 5260 / [South.locality@salford.gov.uk](mailto:South.locality@salford.gov.uk)

West: Little Hulton Children's Centre, Longshaw Drive  
0161 686 7235 / [West.locality@salford.gov.uk](mailto:West.locality@salford.gov.uk)

**Website** [www.salford.gov.uk/children-and-families/EIP](http://www.salford.gov.uk/children-and-families/EIP)

# Educational Psychologist Service

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The Educational Psychology Service work in schools, early years settings and colleges to identify, support and monitor children with additional needs. Their aim is to promote learning and inclusion.

Educational Psychologists will work directly with individuals where school staff have highlighted concerns about an individual child's well-being. This is usually for the purpose of gathering information to inform advising those who know the child, but could also involve a time limited number of individual therapeutic intervention sessions.

The service also offers group interventions and support programmes at the request of schools including motivational interviewing groups, coping power, circle of friends, friends, pyramid clubs and more.

The Educational Psychology Service have developed a manual for schools (Emotionally Friendly Schools Manual) to self-evaluate how emotionally friendly they are and support schools to set themselves an action plan to develop and improve in this area.

<b>Support available</b>	Assessment of the child using observation, interviews and test materials. Educational psychologists offer a wide range of appropriate interventions, such as learning programmes and collaborative work with teachers or parents.
<b>Age range</b>	Up to age 25
<b>Referral route</b>	<b>Professional referral only</b> - Service can be accessed via the school SENCo.
<b>Address</b>	Burrows House, 10 Priestly Road, Wardley Industrial Estate, Worsley
<b>Telephone</b>	0161 7780476
<b>Email</b>	<a href="mailto:EPS@Salford.gov.uk"><u>EPS@Salford.gov.uk</u></a>

# Ethnic Minority & Traveller Achievement Service

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Salford EMTAS provides a support service to all local authority schools to help them meet the additional needs of their ethnic minority pupils.

These may be children who have English as an additional language (EAL), may be of Gypsy Roma Traveller (GRT) heritage or have asylum or refugee status. Specialist teachers and teaching assistants support and monitor children from a wide variety of minority ethnic backgrounds. We support children in the classroom, deliver specialist teaching, liaise with school staff and families to address the particular needs of the child.

- Support available**
- Time limited direct pupil support on a one to one basis or in small groups
  - Training and advice on best practice ethnic minority achievement including new arrivals, advanced learners, GRT and asylum or refugee pupils
  - Assessment and tracking
  - Support on whole school policies and provision mapping
  - Resources
  - Interpreters for initial admission meetings for new arrivals
  - Liaison with parents and other agencies
  - Awareness training on cultural and religious matters

**Age range** 5-16 years

**Referral route** **Professional referral only** - referrals accepted from primary and secondary schools and other learning settings

**Address** School based

**Telephone** 0161 778 0477

**Email** [emtas@salford.gov.uk](mailto:emtas@salford.gov.uk)

**Website** [www.salford.gov.uk/emtas](http://www.salford.gov.uk/emtas)

# FCAMHS NW

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The community FCAMHS NW is a multi-disciplinary service with a range of clinical expertise. We are a community service that provides outreach across the North West of England. We work with agencies to ensure best practice in managing complex needs and high risk behaviours in young people.

We also have access to the services of a wider multi-disciplinary team working in the young people's services at GM Mental Health NHS Foundation as required.

### **Support available**

The service offers:

- Risk management advice
- Liaison
- Specialist assessment
- Complex case formulation
- Intervention
- Training
- Clinical consultation
- Specialist interventions

### **Age range**

Up to age 18

### **Referral route**

**Professional referral only** – referrals by YOS, Mental Health, Educations, Children's Services, Fire & Police, Youth Services

### **Telephone**

If you are concerned about a young person's risk of behaviour please telephone: **0161 358 0585**

### **Email**

A referral form can be requested through:  
[gmmh-ft.fcamhsnw@nhs.net](mailto:gmmh-ft.fcamhsnw@nhs.net)

### **Website**

[www.gmmh.nhs.uk](http://www.gmmh.nhs.uk)

# Family Nurse Partnership

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Family Nurse Partnership (FNP) is a free and voluntary program for first time mums (and dads). A specially trained family nurse visits the young person regularly; from early pregnancy until the child is two.

We service can support the following:

- Personal health – building positive health practices
- Environmental health – Managing home and neighbourhood to ensure healthy child development
- Life course development – working towards future aspirations including education and employment
- Maternal role – developing skills and knowledge, promoting the health and development of their child
- Family and friends – developing the skills to build positive relationships and enhance social support
- Other health and human services – enabling access to services.

The Family Nurse Partnership Program aims to enable young mums to:

- Have a healthy pregnancy
- Improve their child's health and development
- Plan their own futures and achieve aspirations

**Support available**      The FNP program is delivered by specially trained nurses. They use carefully designed materials, activities and evidence-based approaches within home-visits.

**Referral route**              Self-referral

**Address**                      Cleveland House, 224 Eccles Old Road, Salford, M6 8AL

**Telephone**                  0161 206 0412

**Email**                         [salford.fnp@nhs.net](mailto:salford.fnp@nhs.net)

# Galaxy House

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Galaxy House is a 12 bedded specialist mental health in-patient unit that provides care for children up to 13 years with a range of neuro-developmental and psychosomatic difficulties, and young people up to 18 with eating disorders (ED) and pervasive avoidance withdrawal syndrome. (PAWS). This service has been rated Outstanding in the latest CQC inspection 2016.

- Specialist mental health inpatient treatment for children and young people
- Inpatient assessment and treatment delivered by a multi-professional team.
- Education via in-house school.
- Rehabilitation programmes for young people with PAWS
- Dietetic and post-discharge support for young people with ED

<b>Support available</b>	Counselling / therapy, support
<b>Age range</b>	6-13 years (up to 18 years for ED and PAWS)
<b>Referral route</b>	<b>Professional referral only</b> - Referral by Consultant Child and Adolescent Psychiatrists in District Child and Adolescent Mental Health Services.
<b>Address</b>	Harrington Building, Royal Manchester Children's Hospital, Oxford Road, Manchester, M13 9WL
<b>Telephone</b>	0161 701 5197
<b>Website</b>	<u><a href="http://www.cmft.nhs.uk/childrens-hospitals">www.cmft.nhs.uk/childrens-hospitals</a></u>

# Gaddum Centre

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Salford's bereavement counselling service works with children, adolescents and their parents.

The service can offer practical support and guidance to families, individuals, professionals and anyone concerned about a grieving child. They believe that the right support at the right time can enable a young people and adults to find a way to live with their grief and rebuild a positive future

The centre provides a needs-led therapeutic service for Salford children and families, as they begin to explore their unique process of adjustment following bereavement.

Children and young people often find it difficult to speak directly about their thoughts and feelings, and so play is used as an effective communication tool to facilitate symbolic expression and appear less threatening. Sessions usually take place each week or fortnight in an environment where the young person feels most comfortable e.g. home or school, and it is not a time-limited service so once contact has been established, the intervention will continue for as long as it is felt to be effective and necessary.

<b>Support available</b>	Advice, support, counselling
<b>Age range</b>	0-18 years
<b>Referral route</b>	Self-referral
<b>Address</b>	The Gaddum Centre, Gaddum House, 6 Great Jackson Street, Manchester
<b>Telephone</b>	0161 834 6069
<b>Email</b>	<a href="mailto:info@gaddumcentre.co.uk">info@gaddumcentre.co.uk</a>
<b>Website</b>	<a href="http://www.gaddumcentre.co.uk/bereavement">www.gaddumcentre.co.uk/bereavement</a>

# GPs & Practice Nurses

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GPs deal with a whole range of health problems. They also provide health education, offer advice on smoking and diet, run clinics, give vaccinations and carry out simple surgical operations.

GPs usually work in practices as part of a team, which includes nurses, healthcare assistants, practice managers, receptionists and other staff. Practices also work closely with other healthcare professionals, such as health visitors, midwives, mental health services and social care services.

GPs surgeries can be found locally across Salford. GPs provide care during what are known as core hours from 8am to 6.30pm.

You can make an appointment with your practice for medical advice, examinations and prescriptions. GPs also provide an out-of-hours service - just ring your normal GP's number. You should make an appointment with your local GP when you have an illness or injury that will not go away.

**Age range** All ages

**Referral route** To access your local GP practice you will need to register with the practice

**Website** To find local GP practices:  
[www.salfordccg.nhs.uk/local-services](http://www.salfordccg.nhs.uk/local-services)

For more information: [www.nhs.uk/NHSEngland](http://www.nhs.uk/NHSEngland)

# Gardener Unit

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The Gardener Unit caters to young people with serious mental illness or concern of a significant psychiatric disorder with significant levels of risk. These will be young people who require assessment and/or treatment and/or rehabilitation, and who could not otherwise safely receive this in a non-secure hospital setting or custody setting.

The service aims to maximise young people's hope about their future, enabling them to develop safe autonomy, and promoting opportunities for positive achievement. The unit is recovery oriented with recovery being client-centred. The Gardener Unit team recognise the unique and diverse needs of young people and provide quality residential care.

The unit contains ten- beds and is for boys between the ages of 11 and 18 years. Within the unit is a purpose built intensive care facility.

The multi-disciplinary team work within the Care Programme Approach (CPA). Wherever possible this involves working closely and collaboratively with the young person, involved professions, other agencies, families and carers.

**Support available** Adolescent Forensic Mental Health Assessment is multi-disciplinary, comprehensive and holistic; this includes psychiatric, neurological, psychological and educational assessments. Treatment interventions are cognitive-behavioural in emphasis and also draw upon psychodynamic therapies.

**Age range** Males aged 11-18

**Referral route** **Professional referral only** - Health Professional referrals

**Address** Gardener Unit, Bury New Road, Prestwich, M25 3BL

**Telephone** 0161 772 3425

**Website** [www.gmw.nhs.uk/gardener-unit](http://www.gmw.nhs.uk/gardener-unit)

# Health Visiting

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Support includes reviewing the children's health, development and progress, and supporting families in helping to ensure their children reach their maximum potential.

The service can support the following:

- Domestic violence
- Postpartum psychosis
- Post natal depression
- Anxiety
- Infant Mental health bonding / attachment
- Substance misuse
- Smoking / Alcohol

**Support available**

- New baby reviews
- Providing antenatal/ postnatal parenting programmes
- Supporting general access to 'talking therapies' and parental support
- Providing assessment of parental mental health needs including maternal mental health
- Early identification of attachment/bonding concerns
- Delivering health promotion, advice and support
- Supporting breast feeding and promoting secure attachment

**Referral route** Self-Referral

**Address** The service has location across the city, for more information please visit the website (link below)

**Telephone**

Higher Broughton: 0161 212 4582  
Little Hulton & Walkden: 0161 212 5229  
Swinton: 0161 212 5122  
Irlam: 0161 212 5421  
Eccles: 0161 212 5525  
Langworthy: 0161 212 4321

# Interlink Foundation

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The Interlink Foundation is an independent charity serving the needs of the Orthodox Jewish community.

We are committed to improving the lives of those with disadvantage through the provision of high quality information, advice and guidance.

The service can support the following:

- Welfare rights advice
- Signposting to sources of support within the Jewish community (including Mental Health)
- Help with Budgeting
- Advocacy for End of Life Care or Clinical crises
- Motivational training

Additional languages spoken by staff: Hebrew, Yiddish, French

<b>Support available</b>	Advice, advocacy, information, training
<b>Age range</b>	All ages
<b>Referral route</b>	Self-referral
<b>Address</b>	400-404 Bury New Road, Salford, M7 4EY
<b>Telephone</b>	0161 740 1877
<b>Email</b>	<a href="mailto:office@interlinknw.org.uk">office@interlinknw.org.uk</a>

# Integrated Youth Support Services (IYSS)

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Working in partnership with young people, youth services provides a range of activities and opportunities to:

- Encourage and inspire young people to achieve their full potential
- Enable young people to gain skills and experience new challenges
- Creatively explore issues that are important to young people
- Support young people to make informed choices
- Involve young people in decision making at all levels
- Ensure young people's inclusion as active and valued members of their community

The team can provide support for young people covering a range of issues, including:

- Emotional support
- School attendance
- Anger management
- Building positive relationships
- LGBT support groups

The service is delivered across Salford in youth centres, schools and community spaces.

<b>Support available</b>	Advice, advocacy, drop-in session, support, information, training, and group work
<b>Age range</b>	11-25 years
<b>Referral route</b>	For young people please either email or telephone for more information (details below) Professional referrals via <a href="#">The Bridge</a>
<b>Address</b>	Integrated Youth Support Services, Beacon Youth Centre, 1 London Street, Salford, M6 6QT
<b>Telephone</b>	0161 778 0700
<b>Website</b>	<a href="http://www.wuu2.info">www.wuu2.info</a>

# Junction 17

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Junction 17 is a Specialist Adolescent Mental Health Service for young people aged 13-17 who require assessment and treatment for a range of complex mental health difficulties

The service provides support to those young people with the most complex of needs and who require admission into a specialist unit or require enhanced community services.

This includes young people with serious mental illness including:

- Psychosis
- Bipolar affective disorders
- Eating disorders
- Dual diagnosis
- Young people with emerging personality difficulties.

**Support available** Junction 17 provides a wide range of services both in the community and within a state-of-the-art inpatient unit 24/7. The service provides inpatient therapeutic care as well as education in a safe and nurturing environment.

**Age range** 13-17 years

**Referral route** **Professional referral only** - Young people are only admitted to Junction 17 if they are in crisis or cannot be safely cared for by community services or other alternatives.

Patients are referred through a number of routes including:

- Community Child and Adolescent Mental Health Services
- Accident & Emergency Departments
- Paediatric Inpatient Wards

**Address** Junction 17, Bury New Road, Prestwich, M25 3BL

**Telephone** 0161 773 9121

**Website** [www.gmw.nhs.uk/junction-17](http://www.gmw.nhs.uk/junction-17)

# Maternity Services

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Saint Mary's Hospital provides maternity services for women living in central Manchester, Trafford and Salford with primary, secondary and tertiary obstetric care. The hospital is renowned both regionally and nationally for its clinical, research, fetal and maternal medicines services.

The models of care provided to women are both consultant and midwifery led with an established midwifery led team delivering care to low risk women and a multidisciplinary team comprising of obstetricians, midwives, anaesthetists, neonatologists and physicians providing care to women with specialist fetal and maternal needs.

The service can support, and where appropriate, make referrals with the following:

- Stress in pregnancy
- Low birth weight
- Parental mental illness (including post natal depression)
- Supporting the emotional and social wellbeing of the infant.
- Teenage pregnancy

<b>Support available</b>	Antenatal assessment units at Saint Mary's Hospital and Salford Royal.
<b>Age range</b>	We see young people regardless of their age range who require access to maternity services
<b>Referral route</b>	<b>Professional referral only</b> - Referral from GP/community midwife
<b>Address</b>	Saint Mary's Hospital, Oxford Road, Manchester M13 9WL
<b>Telephone</b>	0161 276 6429
<b>Website</b>	<a href="http://www.cmft.nhs.uk/saint-marys">www.cmft.nhs.uk/saint-marys</a>

# Midwifery Service

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Maternity services for the women and families of Salford are offered by the following NHS Trusts:

- Central Manchester University Hospitals NHS Foundation Trust
- Bolton Royal NHS Trust
- North Manchester General Hospital
- Warrington General Hospital

In the case of health visitors/midwives, identifying and referring appropriately in cases of stress in pregnancy, low birth weight, parental mental illness (including post natal depression), supports the emotional and social wellbeing of the infant.

Universal maternity care is provided to all pregnant women, in addition the following services are available:

- Specialist Midwife for Young Parents
- Specialist Midwife for Asylum Seekers and Refugees
- Specialist Midwife for Mental Health/Drugs and Alcohol
- Specialist Midwife for HIV and Screening
- Neonatal Outreach Team

<b>Support available</b>	Support can be provided in the home, community settings and clinics
<b>Age range</b>	We see young people regardless of their age range who require access to the Midwifery service
<b>Referral route</b>	<b>Referral from GP</b>
<b>Address</b>	Salford Royal, Stott Lane, Salford, M6 8HD (this would be dependent on Hospital of choice)
<b>Telephone</b>	0161 789 7373
<b>Website</b>	<a href="http://www.salford.gov.uk/health-visitors">www.salford.gov.uk/health-visitors</a>

# MIND

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Mind in Salford is an independent, user focused charity providing quality services to make a positive difference to the Mental Health of the people of Salford.

Mind campaigns for the improvement of statutory services and fights the stigma and discrimination that many people with experience of mental or emotional distress still face.

We try to involve our volunteers and users of our services in our work, valuing diversity, focussing on quality and following principles of social inclusion and recovery.

**Support available**      The core services we provide are:

- Advocacy
- Welfare Rights & Debt Advice
- Mindfulness
- Garden Needs

**Age range**                      18+

**Referral route**                  Self-referral

**Address**                          Mind in Salford, The Angel Centre, 1 St Philips Place,  
Salford, M3 6FA

**Telephone**                      0161 212 4880

**Email**                              [info@mindinsalford.org.uk](mailto:info@mindinsalford.org.uk)

**Website**                          [www.mindinsalford.org.uk](http://www.mindinsalford.org.uk)

# PANDA Unit

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The PANDA Unit (Paediatric Assessment and Decision Area) provides dedicated emergency and short stay care for children less than 16 years of age.

This is a consultant-led service within which children can be assessed, investigated, observed and treated within 24 hours and without recourse to inpatient areas. The unit also provides a Tier 2 Paediatric referral service for residents of Salford, or those patients with a Salford GP.

Gate-keeping by Paediatric and Emergency Medicine Consultants ensures that over 96% of attendees are currently discharged home direct from the Panda Unit.

Early discharge is supported by a dedicated team of children's community nursing staff that support integrated care between Panda and primary care services.

<b>Age range</b>	0-16 years
<b>Referral route</b>	Accessed via Accident & Emergency
<b>Address</b>	Salford Royal Foundation Trust, Stott Lane, Salford, M6 8HD
<b>Telephone</b>	0161 789 7373 (main switchboard)
<b>Website</b>	<a href="http://www.srft.nhs.uk/about-us/depts/panda-unit"><u>www.srft.nhs.uk/about-us/depts/panda-unit</u></a>

# Place2Be

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Place2Be provides a school-based therapeutic service at Key Stages 1 & 2 in primary schools and Key Stage 3 in secondary schools, offering children and young people with swift access to counselling and emotional support.

The service also works to help staff better understand the emotional needs of students and to devise action plans and activities to support these. The intention is to work with school staff to build internal capacity and skill-up staff and restore confidence in leading both preventative and responsive services to meet needs.

We can provide support with the following issues:

- Anger / conduct issues
- Anxiety / worries
- Eating disorders
- Loss / bereavement
- Substance misuse (including parental)
- Self-harm
- Friendship / relationship difficulties
- Emotional issues
- Parental separation / divorce / family conflict
- Domestic abuse
- Bullying / cyber bullying
- Transition issues

<b>Support available</b>	Advice, counselling / therapy, family support, information, training, consultation for professionals
<b>Age range</b>	Up to age 14
<b>Referral route</b>	<b>Professional referral only</b> - accessed through school
<b>Telephone</b>	07912 308 130
<b>Email</b>	<a href="mailto:Dave.Fernyhough@PLACE2BE.org.uk">Dave.Fernyhough@PLACE2BE.org.uk</a>
<b>Website</b>	<a href="http://www.place2be.org.uk">www.place2be.org.uk</a>

# Portage Service

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Portage Home Visitors, visit children and families at home, working in partnership with parents/carers to develop play based activities that support all areas of development.

Portage Home Visitors will use information from parents, observations and appropriate assessment tools to identify goals for future learning. They will work closely with other practitioners to ensure a consistent approach to the child's learning development.

Home Visitors focus on the development of play, communication, relationships and learning for young children.

Portage Home Visitors may loan toys and equipment to families. Home Visitors will also provide guidance and information to families, e.g. choosing suitable toys, adapting toys and signposting to specialist suppliers.

### **Support available**

- Provide support, advice and guidance
- Support parents to acquire the skills necessary to promote their child's development
- Develop strong partnerships with parents and practitioners
- Support the inclusion of children with additional needs into early years provision/school
- Provide training and support to other Early Years practitioners
- Signpost families to relevant services and support groups

**Age range**

0-5 years

**Referral route**

Self / professional referral

**Telephone**

0161 778 0384

**Email**

SLW@salford.gov.uk

**Website**

[www.salford.gov.uk/children-and-families](http://www.salford.gov.uk/children-and-families)

# Primary Inclusion Team (SEMH)

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We are a team of teachers and Learning Support Assistants (LSAs) who are all currently working with children who present with challenging behaviour in Salford schools.

**Core offer:** Our team will work closely with primary schools across Salford to offer support using a holistic approach, with an emphasis on early intervention. We have a SEMH resources lending library based at Lewis Street Primary School filled with books, interventions and resources for schools to borrow for free for half a term.

**Traded Services:** In addition to our core offer, schools have the opportunity of purchasing a wide range of additional packages of support as “traded services”.

### **Package of CPD**

- Strategies to support SEMH needs within the classroom
- Introduction to Attachment Theory
- Using nurturing interventions to support emotional development
- Assessing SEMH needs
- Ready for school: promoting positive behaviour in EYFS
- Key speaker events; bespoke INSET and staff meetings, training for teachers, support and welfare staff.

**Pupil Interventions:** We cover self-esteem, anxiety, social skills, managing anger and early play. We will support you in completing relevant assessments to show impact and leave staff with a follow-up cycle of lesson plan ideas. All of our interventions can be tailored for EYFS, KS1 and KS2.

**Age range** 3-10 years

**Referral route** We only accept referrals from primary schools in Salford.

**Address** Alder Brook PPC and Lewis Street Primary School

**Telephone** 0161 9212653 / 0161 9211830

**Email** [pitreferrals@salford.gov.uk](mailto:pitreferrals@salford.gov.uk)

**Website** [www.pitreferrals.org](http://www.pitreferrals.org)

# Prince's Trust

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The Prince's Trust helps 13 to 30 year-olds who are unemployed or struggling at school to transform their lives. More than three in four will achieve a positive outcome, moving into jobs, education and training.

Many of the young people we help are in, or leaving care, facing issues such as homelessness or mental health problems, or have been in trouble with the law.

Our free programmes give young people the practical and financial support they need to stabilise their lives. We help them develop key skills while boosting their confidence and motivation.

Our programmes support personal and social development through a range of activities which helps young people to build confidence, aspirations and resilience to enable progression into positive outcomes around education / training / employment.

**Support available** The Prince's Trust, while not a specialist mental health service, does deliver programmes that support emotional health and wellbeing.

Our programmes support personal and social development through a range of activities which helps young people to build confidence, aspirations and resilience to enable progression into positive outcomes around education / training / employment.

**Age range** 13-30 years

**Referral route** Self-referral

**Address** The Princes Trust Centre, Maple House, Cemetery Road, Salford, M5 5WG

**Telephone** 0800 842 842

**Text** Text 'call me' to 07983 385418

**Website** [www.princes-trust.org.uk](http://www.princes-trust.org.uk)

# Recovery, Health & Wellbeing Academy

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Greater Manchester West Mental Health NHS Foundation Trust's Recovery Academy provides a range of free educational courses and resources for people with mental health and substance misuse problems, their families and carers as well as health care professionals.

The Recovery Academy offers courses to:

- Anyone who is experiencing mental health or substance misuse problems
- Their supporters (family, friends and loved ones)
- GMW staff, volunteers and students on placement
- Health Care Professionals

<b>Support available</b>	Educational courses and resources
<b>Age range</b>	18+
<b>Referral route</b>	Self-referral
<b>Address</b>	Recovery, Health & Wellbeing Academy, Bury New Road, Prestwich, M25 3BL
<b>Telephone</b>	0161 772 3782
<b>Email</b>	<a href="mailto:recoveryacademy@gmw.nhs.uk">recoveryacademy@gmw.nhs.uk</a>
<b>Website</b>	<a href="http://www.nwppn.nhs.uk">www.nwppn.nhs.uk</a>

# Salford Adoptive Families Support Service

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The service provides post-adoption support to Salford children placed with adoptive parents. This may include assessment prior to being placed for adoption.

The service is available to children placed for adoption and their families (up to three years post-adoption), children with a plan for adoption.

The service can provide the following:

- Post-adoption support – This is offered up to three years post adoption order. Support is offered via evidence-based and research informed interventions in group, dyad and couple settings.
- Assessments – these are done with some children prior to being placed where there is a particular query about their emotional health and wellbeing.

<b>Support available</b>	Counselling / therapy; consultation for professionals, training
<b>Age range</b>	Up to age 10
<b>Referral route</b>	<b>Professional referral only</b> - the service is accessed via Children's Services Adoptive Team
<b>Address</b>	Salford Civic Centre, Chorley Road, Swinton, M27 5DA
<b>Telephone</b>	0161 779 7832

# Salford Early Intervention Team

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The Early Intervention Service is a specialist service providing support to people aged 14 to 35 who have experienced a first episode of psychosis. The Early Intervention Service aims to address problems at the earliest opportunity to reduce the impact on a person's quality of life.

The focus of the service is on ensuring that the needs of the service user come first. Each person will be encouraged to think about what 'recovery' means for them and what help they need to work towards this.

Working in partnership with the person and their family, the service will offer support to help them to work towards their unique recovery goals.

<b>Support available</b>	Included in the range of services we offer for people with experience of psychosis-related difficulties are: <ul style="list-style-type: none"><li>▪ Access to a range of 'talking therapies', including Cognitive Behavioural Therapy (CBT)</li><li>▪ Support for families and carers</li><li>▪ A range of social, leisure and therapeutic groups</li><li>▪ Access to medication and support with managing medication</li><li>▪ Support and advice about housing and benefits</li><li>▪ Support in getting back to school, college, university and work</li><li>▪ Support to establish social and leisure activities that are important to you</li></ul>
<b>Age range</b>	14-35 years
<b>Referral route</b>	If you think that our service might be helpful please discuss this with your GP. Alternatively, you can contact us directly and make a self-referral
<b>Address</b>	Salford Early Intervention Service, Pendleton House, Broughton Road, Salford, M6 6LS
<b>Telephone</b>	0161 351 5302
<b>Website</b>	<a href="http://www.gmw.nhs.uk/salford-early-intervention-team-eit">www.gmw.nhs.uk/salford-early-intervention-team-eit</a>

# Salford Information, Advice & Support Service (SIASS)

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The Salford Information, Advice & Support Service (SIASS) offers information, advice and support to children, young people and parents about special educational needs and disability, including matters relating to health and social care. SIASS have a role in ensuring your views are heard, understood and respected.

SIASS are a free, dedicated, confidential and impartial service offering a single point of regular and consistent contact.

We can explain how special educational needs are identified and assessed, who you should talk to, and we can inform you of your rights and responsibilities

## **Support available**

- Arranging or attending meetings with school, college, the local authority, health/social services or other agencies
- Writing letters and reports
- Annual reviews of statements and education, health and care plans
- Salford City Council's processes for resolving disagreements and its complaints procedures

**Age range** Up to age 25

**Referral route** Self-referral

**Address** Salford Information, Advice & Support Services, 3<sup>rd</sup> floor, Civic Centre, Chorley Road, Swinton, M27 5AW

**Telephone** 0161 778 0349 / 0343

**Email** [siass@salford.gov.uk](mailto:siass@salford.gov.uk)

**Website** [www.salford.gov.uk/schools-and-learning](http://www.salford.gov.uk/schools-and-learning)

# Salford Foyer

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Salford Foyer is a supported housing scheme for 16-25 year olds. We provide a service for 39 young people including four teenage parents, providing support with money management, job searching and accessing education/training.

**Support available**

With Places for People Living+ you gain so much more than a place to live. Whatever support you need, we want to help you lead an independent life, feeling confident, happy and secure. This could mean providing a home that's exactly right for you, or giving you the support you need to deal with any care needs or difficulties you may have. Or it might just mean a friendly chat, and a few practical tips to make your life easier and happier. If you need to find a job or get on a training course, we can help with that too. And we can advise you on many other aspects of life – like looking after your home and money, saving on your energy bills, and getting involved with your local community.

We're here to help you get more out of life, and to change it for the better.

Each young person is assessed before they move in and a support plan is created. Project Workers support the individual based on this plan.

**Age range**

16-25 years

**Referral route**

Young people should refer through the homeless pathway by contacting Liberty House – 0161 4920191

**Address**

Salford Foyer, 1 Lower Seedley Road, Salford, M6 5WX

**Telephone**

0161 737 7778

**Email**

[salfordfoyer@placesforpeople.co.uk](mailto:salfordfoyer@placesforpeople.co.uk)

**Website**

[www.placesforpeople.co.uk](http://www.placesforpeople.co.uk)

# STARLAC

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Salford Therapeutic Advisory & Referral Service for Looked After Children (STARLAC) provides an accessible and responsive CAMH service to Looked After Children and young people, their families, carers and significant adults in their lives. The service is delivered in a range of placements, including those from the private, voluntary and independent sector.

We provide support to:

- Children who are subject to a Special Guardianship Order (SGO) if such support is described in the plan.
- Children transitioning into and out of care, there will be input from this service or Core CAMHS as appropriate.
- Salford Looked After Children and young people who are resident outside of Salford but within reach of the service will be able to access a service.

For those placed further away telephone consultation will be offered or support to access local services.

**Support available** Direct CAMHS assessment, care and intervention service for Looked After and Adopted Children and young people alongside their families and carers. This would include the Initial screening of children and young people for whom a psychiatric diagnosis is sought (ADHD, ASD).

**Age range** 0-18 years

**Referral route** **Professional referral only** – via Salford City Council Social Workers

**Address** Salford Civic Centre, Chorley Road, Swinton, M27 5DA

**Telephone** 0161 779 7832

**Email** [Deborah.Leadbetter@cmft.nhs.uk](mailto:Deborah.Leadbetter@cmft.nhs.uk)  
[Louisa.thornton@cmft.nhs.uk](mailto:Louisa.thornton@cmft.nhs.uk)

# Salford Housing Options Service

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The service provides advice on how to access social housing through registration with Salford Home Search and private rented accommodation through a Rental Bond Scheme.

The service seeks to prevent homelessness in the first instance through liaison with current landlord, family addressing issues such as rent arrears by assisting with housing benefit claims, discretionary housing payment claims and referral to Welfare rights and Debt Advice where multiple debts.

**Support available** The service can provide advice and information on housing needs and homelessness

The service is open Monday, Tuesday, Thursday and Friday 8:30am to 4:30pm, Wednesday 1:00pm to 4:30pm.

It is a sit and wait service – client presents and will be seen by a Housing Options Advisor.

**Please note:** Where client has no accommodation available that night they will be seen same day but might have to wait several hours.

**Age range** 18+

**Referral route** Self-referral

**Address** Salford Housing Options Point, 7 Wesley Street, Swinton, M27 6AD

**Telephone** No public telephone number available

**Email** [Housing.advicecentre@salford.gov.uk](mailto:Housing.advicecentre@salford.gov.uk)

**Website** [www.salford.gov.uk](http://www.salford.gov.uk)

# GM Victims' Services (Salford)

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Greater Manchester Victims' Services provides support for all victims of crime. They act as the gateway to victims' services, and work to ensure that victims receive the right support at the right time in the right way. This service is commissioned to the independent national charity Victim Support.

Eligibility includes any of the following, and more:

- Children over the age of four who have been affected by a crime
- Witnesses or indirect victims who have been affected by a crime e.g. family / friends / parents / neighbours / children / professionals etc.
- Victims / families who chose not to report to police/authorities
- Those affected by any and all criminal incidents
- Bullying – where the incidents can be interpreted as a crime (such as harassment, violence, intimidation). These do not need to have been reported to an authority for support to be accessed.
- Victims with no recourse to public funds

<b>Support available</b>	Face to Face Support – this is available for children (with or without parents/carers present); Telephone Support; Information about personal safety; Advocacy
<b>Age range</b>	Children over the age of four who have been affected by a crime
<b>Referral route</b>	Self-referral / professional referral
<b>Telephone</b>	<ul style="list-style-type: none"><li>▪ 0161 200 1950 (operates in GM from 9am – 7pm Monday to Friday)</li><li>▪ 08 08 16 89 111 (VS Supportline offers support 24 hours a day)</li></ul>
<b>Email</b>	<a href="mailto:greater.manchester@victimsupport.org.uk">greater.manchester@victimsupport.org.uk</a>
<b>Website</b>	Option to request a call back via the following: <ul style="list-style-type: none"><li>▪ <a href="http://www.gmvictims.org.uk/Callback">www.gmvictims.org.uk/Callback</a></li><li>▪ <a href="http://www.victimsupport.org.uk/help-and-support">www.victimsupport.org.uk/help-and-support</a></li></ul>

# Salford Young Carers

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Salford Carers Centre provides a service to carers of all ages including young (under the age of 18) and young adult carers (18 – 25).

A young carer is someone under 18 who helps look after someone in their family, or a friend, who is ill, disabled or misuses drugs or alcohol.

A young adult carer is someone aged 18 - 25 who helps look after someone in their family, or a friend, who is ill, disabled or misuses drugs or alcohol.

<b>Support available</b>	<ul style="list-style-type: none"><li>■ Individually tailored support packages</li><li>■ Regular individual sessions</li><li>■ Support while attending school and in transition</li><li>■ Opportunities to achieve, have fun and have breaks from the caring role</li><li>■ Support in accessing other support and financial help</li><li>■ Family support</li></ul>
<b>Age range</b>	Young carers (up to 18) Young adult carers (18-25)
<b>Referral route</b>	Self-referral / professional referral  Professionals can refer to Salford Carers Centre and carers can self-refer. Referral forms for carers of all ages can be downloaded from the website here: <a href="http://www.salfordyoungcarers.org/referrals"><u>www.salfordyoungcarers.org/referrals</u></a>
<b>Address</b>	Salford Carers Centre, Langworthy Cornerstone, 451 Liverpool St, Salford, M6 5QQ
<b>Telephone</b>	0161 212 5451
<b>Email</b>	<a href="mailto:carerscentre@salford.gov.uk"><u>carerscentre@salford.gov.uk</u></a>
<b>Website</b>	<a href="http://www.salfordyoungcarers.org"><u>www.salfordyoungcarers.org</u></a>

# School Counselling

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Effective counselling is a key part of a whole school approach to mental health and wellbeing and contributes to achieving positive outcomes for children and young people.

Issues such as anxiety, low mood, depression, conduct and eating disorders, family breakdown, separation and loss can impact significantly on children and young people's happiness and future life chances.

## **The Approved Provider Register for Schools Counselling**

An 'Approved Provider Register for Schools Counselling' has been developed to support schools with commissioning counselling services for their pupils. The Register includes providers of counselling for primary schools and secondary schools in Salford. Schools in Salford will be able to access the Register to secure quality assured and compliant counselling for their pupils (and potentially their families).

The Register builds on the good practice that a number of schools in Salford have already put in place through commissioning school counselling services, and the real difference this can make to the support offered by schools for children and young people and their families. Schools have said that effective counselling services help to tackle the issues that consistently affect behaviour, attendance and achievement in schools, helps improve relationships in and out of school and provides children and families with access to confidential and independent advice.

Please contact your child's School or college directly to see if they provide access to Counselling Services.

[www.salford.gov.uk/schools-and-learning](http://www.salford.gov.uk/schools-and-learning)

# School Nursing

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When your child starts school, the school nursing service takes over their care from their health visitor.

The health visitor will give us your child's health records and they'll stay with us until your child is 19.

We'll help to make sure that children and young people with disabilities, long-term illnesses or other needs can receive extra support when they need it. If we can't provide the help ourselves, we'll put you into contact with someone who can.

School nurses are based in your local clinic / area and are accessible Monday to Friday between the hours of 8.30am and 5.00pm.

<b>Support available</b>	Health promotion and education, emotional health and wellbeing support, health assessments, parenting and family advice, childhood injections.
<b>Age range</b>	5-19 years
<b>Referral route</b>	Self-referral / professional referral
<b>Contact</b>	Lance Burn Health Centre, Churchill Way 0161 206 1078 / <a href="mailto:Sn.Central@nhs.net">Sn.Central@nhs.net</a> Walkden Clinic, Bridgewater Road, Worsley 0161 206 1976 / <a href="mailto:Snwest1@nhs.net">Snwest1@nhs.net</a> Irlam Medical Centre, Macdonald Road Irlam 0161206 1720 / <a href="mailto:Sn.Irlam@nhs.net">Sn.Irlam@nhs.net</a> Newbury Place Health Centre, 55 Rigby Street 0161 206 1757 / <a href="mailto:Sn.Broughton@nhs.net">Sn.Broughton@nhs.net</a> Swinton Gateway 100 Chorley Road 0161 793 3869 / <a href="mailto:Sn.Swinton@nhs.net">Sn.Swinton@nhs.net</a> Eccles School Nursing Team 0161 206 3823 / <a href="mailto:Sn.Eccles@nhs.net">Sn.Eccles@nhs.net</a>
<b>Website</b>	<a href="http://www.salford.gov.uk/school-nurses">www.salford.gov.uk/school-nurses</a>

# Secondary Inclusion Service

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The Secondary Inclusion Service is a Salford Local Authority Education Support Service.

The team is made up of education professionals with extensive experience of working with children and young people in both mainstream and specialist provision.

The service work alongside mainstream Salford schools to support secondary age children and young people who may be experiencing difficulty, resulting in challenging behaviour which may be affecting their engagement, learning and progress with education.

We support children and young people to manage in the education setting by addressing difficulties including the following:

- Anxiety
- Bereavement and loss
- Conflict resolution
- Emotional resilience
- Managing anger and aggression
- Self-esteem and assertiveness
- Stress management

<b>Support available</b>	Advice, information, support, training, consultation for professionals
<b>Age range</b>	11-16 years
<b>Referral route</b>	Professional referral - Mainstream Salford secondary schools can refer for support for CYP on their roll via their named team member.
<b>Address</b>	The New Broadwalk KS3 PRU, Belvedere Road, Salford, M6 5EJ
<b>Telephone</b>	0161 778 0931
<b>Email</b>	<a href="mailto:deborah.turner@salford.gov.uk">deborah.turner@salford.gov.uk</a>

# Self Help Services

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Self Help Services is a user-led mental health charity, providing services across the North West. We offer a wide range of support and services for young people and adults living with mental health difficulties such as anxiety, depression, phobias and panic attacks.

In Salford we offer e-Therapy (online CBT), the e-Therapy service is free and has no waiting list. Once a referral has been received the assessment appointment will usually take place within a maximum of 14 days.

e-Therapy is a an online Cognitive Behavioural Therapy (CBT) programme aimed at:

- Helping people experiencing common mental health problems such as anxiety, depression or insomnia.
- Focuses on helping people to understand how their thoughts impact on their feelings, physical symptoms and behaviour
- Delivers techniques and strategies to help people cope better with negative thoughts, feelings, low mood and anxiety
- The 6-8 weekly sessions are supported by a service coordinator.

<b>Support available</b>	Online Cognitive Behavioural Therapy
<b>Age range</b>	16+
<b>Referral route</b>	Self-referral / professional referral
<b>Address</b>	The service can be accessed at home, alternatively there are centres around Salford that can be accessed: <ul style="list-style-type: none"><li>▪ Walkden Gateway</li><li>▪ Energise Healthy Living Centre</li><li>▪ Irlam Fire Station</li></ul>
<b>Telephone</b>	0161 212 4981
<b>Email</b>	<a href="mailto:etherapy.admin@selfhelpservices.org.uk">etherapy.admin@selfhelpservices.org.uk</a>

# SHINE

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Shine young people's service in Salford is a confidential sexual NHS health service.

Our dedicated team of doctors, nurses, health advisors and support staff provide confidential, free sexual health advice, screening and treatment including HIV. We can assess and provide free contraception suitable to your needs.

Our Education and Training staff can provide tailored sessions within schools, colleges, other providers of young people training and 1 to 1 sessions if required.

We also provide some specialist clinics, for example sexual dysfunction and genital dermatosis, these are not self-referral but your GP can refer you to them.

**Support available** Shine young people's service in Salford provides:

- Advice and support on all aspects of sexual health and relationships
- Free testing and treatment for sexually transmitted diseases including HIV
- Walk in clinics and appointments
- Free contraception

**Age range** Up to age 25

**Referral route** Self-referral

**Address** Drop in clinics are available at the following locations:

- Lance Burn Health Centre
- Irlam Medical Centre
- Eccles Gateway
- Walkden Gateway
- Swinton Gateway
- New Bury Place Health centre

**Telephone** 0161 206 1099

**Website** [www.boltonft.nhs.uk/services](http://www.boltonft.nhs.uk/services)

# Six Degrees

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Six Degrees is a Community Interest Company (CIC) specifically set up to provide mental health support to people suffering from common mental health problems such as anxiety and depression.

We provide 1:1 talking therapy for people who are struggling with common mental health problems such as depression or anxiety.

Following your referral you will be invited to attend an initial appointment, this appointment will normally be with a Psychological Wellbeing Practitioner (PWP). The purpose of this appointment is to try to pin-point your current problems and to help you to consider how you might deal with the difficulties you may have.

In these sessions you will be given space to explore new ways of tackling issues that you may feel 'stuck' with. Typical interventions might include increasing your activity and motivation, relaxation work or problem solving, to help you think about new solutions to your life problems.

We also run courses and groups that you can access by talking to your therapist if you want to.

<b>Support available</b>	Talking Therapies
<b>Age range</b>	16+
<b>Referral route</b>	Professional referral - the service can be accessed via GP practices across Salford
<b>Address</b>	Southwood House, Greenwood Business Centre, Regent Road, Salford, M5 4QH
<b>Telephone</b>	0161 212 4981
<b>Email</b>	<a href="mailto:sixdegrees@nhs.net"><u>sixdegrees@nhs.net</u></a>
<b>Website</b>	<a href="http://www.six-degrees.org.uk"><u>www.six-degrees.org.uk</u></a>

# Speech and Language Therapy

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The Speech and Language Therapists work in close partnership with families and carers, as well as other professionals, to provide the best possible help for children with communication difficulties.

Some of the people we help:

- Newborn babies with feeding or swallowing difficulties
- Pre-school children who have difficulties with development of communication / speech / language and feeding.
- School aged children whose communication difficulties are affecting their education and/or social development
- Children who stammer
- Teachers who want to know the best way to support children with communication difficulties in their classrooms.

Good communication is key to management of behaviour and by knowing what a child understands, appropriate behaviour management is facilitated. Children with communication difficulties can have difficulties in expressing themselves and this can lead to inappropriate behaviour / frustration and poor self-esteem.

<b>Support available</b>	Therapists will work with families carers and education staff to provide direct therapy as well as support, advice, training and onward referrals as required
<b>Age range</b>	0-18 years
<b>Referral route</b>	Self-referral / professional referral
<b>Address</b>	Sandringham House, Castle Courts, Windsor Street, Salford, M5 4DG
<b>Telephone</b>	0161 212 4020 / 4037
<b>Email</b>	<u><a href="mailto:SALTADMIN@srft.nhs.uk">SALTADMIN@srft.nhs.uk</a></u>
<b>Website</b>	<u><a href="http://www.speakupsalford.nhs.uk">www.speakupsalford.nhs.uk</a></u>

# Start in Salford

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Start in Salford exists to nurture those talents and bring about a newfound confidence in those who feel isolated or excluded. With our help, members learn valuable new skills and their stories are truly inspirational.

From our centre at Brunswick House, members have access to some excellent facilities, including art and media studios, craft workshops and gardens.

It is here that professional tutors bring out the best in our members, so that they can grow in confidence, build self-esteem and become valued contributors to the wider community.

Start Youth Arts can help you learn new skills, change your perspective and grow in confidence. If you're feeling excluded from society or having trouble at school, it can seem like everyone just wants to shut you away. The Start Youth Arts programme – aimed at young people between the ages of 5-18 – can help you get back on the right track.

Through our series of artistic workshops, you'll pick up new life skills and be guided back into mainstream education, vocational training or employment. All our workshops are given in a supportive and friendly atmosphere, and geared towards your specific needs.

<b>Support available</b>	Workshops and activities
<b>Age range</b>	5-18 years (Salford Youth Arts)
<b>Referral route</b>	Self-referral
<b>Address</b>	Start in Salford Creative Arts & Wellbeing Centre Brunswick House, 62 Broad Street, Salford, M6 5BZ
<b>Telephone</b>	0161 351 6000
<b>Email</b>	<a href="mailto:info@startinsalford.org.uk"><u>info@startinsalford.org.uk</u></a>
<b>Website</b>	<a href="http://www.startinsalford.org.uk"><u>www.startinsalford.org.uk</u></a>

# Talk Listen Change (TLC)

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Talk Listen Change (formally Relate GMS) provide children and young people's counselling from ages 5 - 25 years. Family counselling can also be offered to whole families together.

The counselling can take place in schools or at a TLC centre in Trafford, Stockport or outpost in Eccles.

TLC can also provide access to email counselling or counselling by Zoom. We can also provide specific support to children affected by domestic abuse, particularly access to individual counselling and peer support.

We can provide support with the following issues:

- Depression and feeling low
- Self-harm
- Anxiety
- Domestic abuse
- Family problems
- Issues around food and eating
- Feeling lonely
- Bullying

<b>Support available</b>	Counselling; Peer group support
<b>Age range</b>	Up to age 25
<b>Referral route</b>	Self-referral
<b>Address</b>	TLC, 346 Chester Road, Manchester, M16 9EZ
<b>Telephone</b>	0300 003 2331
<b>Email</b>	<a href="mailto:enquiries@talklistenchange.org.uk">enquiries@talklistenchange.org.uk</a>
<b>Website</b>	<a href="http://www.talklistenchange.org.uk">www.talklistenchange.org.uk</a>

# Young Fathers Project

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The project works with young men who are fathers, expectant fathers, or acting as fathers in a family unit, aged up to 25 years old and live in Salford.

The project meet up with the young man once they are referred in, often in their own home and carries out a youth work based assessment to ascertain where the young person is up to in relation to involvement with their child/ren, education, training and employment, experiences of children if they are expectant, support, benefits, housing and relationships.

The project discusses breastfeeding, offers support in giving up smoking, access to contraception and looks at what kind of support the young person would want from the project.

Most of the work with young men is one to one, but the project also runs several young parents groups, in Children's Centres, alongside their workers, offers dads and kids and mums and dads kids trips out, and delivers bespoke sessions with young men (and their partners if relevant,) around relationships, dealing with anger, anxiety and domestic abuse.

**Support available** The support offered covers issues such as coping with being a father, benefits, housing, relationships, education and training, and wider services for parents. In addition, the project offers activities and day trips for young fathers and their children to attend

**Age range** Up to 25 years old

**Referral route** **Professional referral** – service accessed via social services, Youth Service, ante-natal services, community midwives, Youth Offending Teams, teenage pregnancy team, schools, and Connexions.

**Address** Beacon Centre, 6 London Street, Salford, M6 6QT

**Telephone** 0161 603 6874

**Email** [Tom.cole@salford.gov.uk](mailto:Tom.cole@salford.gov.uk)

# Vulnerable Young Person Nursing Service

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The service is made up of the following:

**Looked After Children's Service:** the team provides a dedicated health service to children and young people who are 'looked after' by Salford Local Authority and children and young people living in Salford who are 'looked after' by other local authorities.

The team provides a variety of training to promote the health of 'looked after children and young People'. The service also offers health services to Barton Moss Secure Care Centre.

**Youth Offending Service (YOS):** the service offers a dedicated health service to children and young who are involved with youth justice services in Salford.

**Family Liaison Service:** the service provides assessments within the PANDA Unit at Salford Royal to identify those cases that need to be brought to the attention of other allied health professionals in Salford and to family liaison nurses within other NHS trusts.

<b>Support available</b>	Advice, family support, information, support, training, support for professionals
<b>Age range</b>	0-18 years
<b>Referral route</b>	<b>Professional referral:</b> YOS Health Provision - professional referral via YOS Looked after Childrens Nurse – Professional referral via SCC Children's Services Family Liaison Service – via admittance to PANDA Unit
<b>Address</b>	<b>YOS Health Provision &amp; Looked after Childrens Nurse</b> – Sandringham House, Windsor St, Salford, M5 4DG <b>Family Liaison Service</b> – PANDA Unit, Salford Royal Foundation Trust, Stott Lane, Salford , M6 8HD
<b>Telephone</b>	YOS Health Provision: 0161 206 2215 / 2216 Looked after Childrens 0161 206 2215 / 2216 Family Liaison Service: 0161 206 2198
<b>Website</b>	<a href="http://www.srft.nhs.uk">www.srft.nhs.uk</a>

# YOS Health

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Salford Youth Offending Service works with children and young people between the ages of 10 and 17 years, who are involved in the criminal justice system and their carers. This will be via voluntary diversion contact and supervision following the imposition of an Out of Court disposal, community based or custodial sentence.

The YOS also provides a service for the victims of youth crime and will support them to access services where needs are identified. This includes children and young people.

All children and young people involved with the YOS will be assessed using the Youth Justice Boards assessment tool, this assessment addresses the child/young person's emotional wellbeing. If issues are highlighted further assessments are completed and where appropriate the child/young person will meet the YOS linked CAMHS worker.

The YOS also has a Nurse, Substance Misuse worker and Speech and Language Therapist. These specialist professionals will also support the work of the YOS case workers where emotional wellbeing concerns are highlighted.

<b>Support available</b>	Children and young people involved in the YOS can also access support from mentors, and are involved in 1:1, group interventions and activities, to enhance their personal development, resilience and wellbeing.
<b>Age range</b>	10-17 years
<b>Referral route</b>	<b>Professional referral only</b> - Children and young people become involved with the YOS via contact with the Police and Courts
<b>Address</b>	Salford Youth Offending Service, St Simon Street, Salford, M3 7ES
<b>Telephone</b>	0161 607 1900
<b>Email</b>	<a href="mailto:soc.yot@salford.gov.uk">soc.yot@salford.gov.uk</a>

# Youth Groups

## The Proud Trust – Afternoon TEA

We're a cool, quirky group of young people who come from all walks of life.



What we all have in common is that we're trans or questioning our gender identity. If you're 13-25 and trans or unsure about your gender, we'd love you to join us!

Being trans means feeling like your gender is different from what you were told when you were born, (usually an M or an F on your birth certificate). Some people feel like boys, some feel like girls, and some feel like something else – maybe a third gender, or none, or a mix between the two. All of these are trans identities if they differ from what others expect you to be.

Going to a new place and meeting new people is often scary. We can't change that, but we can promise that we're really friendly and will make you feel welcome. We usually start by sitting in a circle as people arrive, and we like to make tea/coffee and eat cake!

### Some of the things we like to do:

- Arts & crafts
- Serious discussions
- Chill out and chat
- Design posters and resources for schools, doctors and others
- Support each other through difficult patches
- Swimming
- Play on the Wii
- Canoeing

**When:** 2<sup>nd</sup> and 4<sup>th</sup> Sunday of every month

**Contact:** [info@theproudtrust.org](mailto:info@theproudtrust.org)  
07813 981338

**Where:** LGBT+ Centre, Sidney Street,  
Manchester, M1 7HB  
[LGBT+ Centre map](#)

**Website:** [www.theproudtrust.org](http://www.theproudtrust.org)



A **FREE** youth group for young people aged 11-19 years who identify as LGBT or who are questioning their sexuality and/or gender.

First and foremost it's a social group, a place to make friends, but we also take part in lots of events like Pride, IDAHOT, LGBT history month and go on trips and visits.

We will support any young person that identifies as Lesbian, Gay, Bisexual or Transgender.

Young people receive support from staff and peers looking at LGBT related issues. We explore issues surrounding sexuality and gender and do this so we become a support group for each young person. The group is a safe place for young people to explore their identity which can help them discover who they want to become.

**Mondays 5.30pm-8pm**

Bridgewater Youth  
Centre  
72 Bridgewater Street  
Little Hulton  
M38 9WD

0161 799 6674

[Bridgewater map](#)

**Tuesdays 5.30-8pm**

Eccles Youth Centre  
Gladstone Street  
Eccles  
M30 0WY

0161 789 6622

[Eccles map](#)

**Thursdays 5.30pm-8pm**

Beacon Youth Centre  
8a London Street  
Salford  
M6 6QT

0161 778 0700

[Salford map](#)

**Contact:** Chris Rice

[chris.rice@salford.gov.uk](mailto:chris.rice@salford.gov.uk)

0161 778 0700

**Website:** [www.salford.gov.uk](http://www.salford.gov.uk)

# Helplines

**Anxiety UK** 08444 775 774

Helpline for people living with anxiety and anxiety-based depression  
[www.anxietyuk.org.uk](http://www.anxietyuk.org.uk)

**Anorexia & Bulimia Care** 03000 11 12 13

Helpline for people struggling with an eating disorder  
[www.anorexiabulimiacare.org.uk](http://www.anorexiabulimiacare.org.uk)

**B-eat** 0345 634 7650

Information & advice for people affected by eating disorders  
[www.b-eat.co.uk](http://www.b-eat.co.uk)

**Bullying UK** 0808 800 2222

Free helpline for parents and young people affected by bullying  
[www.bullying.co.uk](http://www.bullying.co.uk)

**ChildLine** 0800 1111

Free helpline for children and young people up to the age of 19.  
[www.childline.org.uk](http://www.childline.org.uk)

**Cruse Bereavement Care** 0808 808 1677

Freephone helpline for anyone affected by bereavement  
[www.cruse.org.uk](http://www.cruse.org.uk)

**Frank** 0800 77 66 00

Drugs website providing advice and information  
[www.talktofrank.com](http://www.talktofrank.com)

[www.partnersinsalford.org/youngemotionalhealth](http://www.partnersinsalford.org/youngemotionalhealth)



free • 24/7 • confidential  
**runaway  
helpline**

Text 116 000 for free - even if you have no credit

*Are you missing or thinking  
of running away?*

- They will listen and help you work out what you want to do
- They can get a message home for you, set up a three way call to help with someone you need to speak to, or support you if you're ready to return
- They are NOT the police or social services and will NOT make you go home

#### TIPS FOR STAYING SAFE

Talk through your options before you decide whether to go

Make sure someone you trust knows where you are

Avoid hitch-hiking or getting into a stranger's car

If you're on the streets try to stay in well-lit public areas

Drinking and taking drugs can mean you're less aware of risks and can make you a target for people who may hurt you

Take warm clothes, medication, money, mobile phone, charger and phone numbers (in case your phone is lost or has no charge)

If you feel you can't say 'no' then you may be in an unsafe situation

If you feel unsafe at any time call the police on 101 or 999 in an emergency

Greater  
Manchester  
SAFEGUARDING  
PARTNERSHIP

You're more vulnerable when you're missing.  
Know the risks and find your local team  
to talk to at:  
[www.gmsafeguardingchildren.co.uk/missing](http://www.gmsafeguardingchildren.co.uk/missing)

**LGBT Foundation****0345 3 30 30 30**

Helpline for lesbian, gay and bisexual and trans (LGBT) communities.

[www.lgbt.foundation](http://www.lgbt.foundation)**Muslim Women's Helpline**

Helpline for mobile phones

**0303 999 5786**

Helpline for landlines

**0800 999 5786**[www.mwnhelpline.co.uk](http://www.mwnhelpline.co.uk)**NSPCC**

Helpline for children and young people under 18

**0800 1111**

Helpline for adults concerned about a child

**0808 800 5000**[www.nspcc.org.uk](http://www.nspcc.org.uk)**Prevention of Young Suicide (PAPYRUS)****0800 068 4141**

For confidential help and advice

[www.papyrus-uk.org](http://www.papyrus-uk.org)**Safeline****0808 800 5007**

Safeline is a leading specialist charity for sexual abuse and rape

[www.safeline.org.uk](http://www.safeline.org.uk)**Samaritans****116 123**

Whatever you're going through, call us free any time, from any phone

[www.samaritans.org](http://www.samaritans.org)**Women's Aid****0808 2000 247**

Freephone 24 hour national domestic violence helpline

[www.womensaid.org.uk](http://www.womensaid.org.uk)**Young Minds****0808 802 5544**

Parents helpline

[www.youngminds.org.uk](http://www.youngminds.org.uk)

# Hate Crime

## What is a hate crime incident?

A hate crime incident is an offence committed against a person or property that is motivated by an offender's hatred of someone because of their:

- race, colour, ethnic origin nationality or national origins
- religion
- gender or gender identity
- sexual orientation
- disability
- age

Hate crime incidents include:

- physical attacks - to people or property, including offensive graffiti or arson
- the threat of attack - including offensive letters, telephone calls or groups of people hanging around to intimidate
- verbal abuse or insults - including offensive leaflets and posters, abusive gestures and bullying at school or in the work place

## Report a hate crime

**Calling:** You can report any form of hate crime anonymously by calling **Crimestoppers on 0800 555 111** or phone the police's non-emergency reporting number on **101**.

In an emergency ring 999.

## More information

[True Vision](#) is a national website set up by the government for people to report hate crime. The information is collated and then passed to the victims local police force for action.

Further information is available on the Greater Manchester Police website: [www.gmp.police.uk](http://www.gmp.police.uk)